

Dark Side of Medicine

MY LIFE SERIES - ML-09

MY HOME

My home is an important part of my life. This tells people about where I live and what matters to me at home.

WHERE I LIVE

- The type of home I live in:

- Who I live with:

WHAT I LIKE ABOUT MY HOME

- Things I like about my home:

- Places or things at home that are especially important to me:

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SUPPORT AT HOME

These are the things I do for myself and the areas where I may need some support.

THINGS I DO FOR MYSELF

- Things at home I usually do independently:

- Things I enjoy doing for myself:

HELP I MAY NEED

- Things I may need help or support with at home:

- How I like people to support me:

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MY HOME & ACCESSIBILITY

These are things that help my home work well for me.

EQUIPMENT & ADAPTATIONS

- Equipment or adaptations I use at home:

- Where they are / when I use them:

THINGS THAT MAKE MY HOME EASIER FOR ME

- Things that help me move around or use my home:

- Anything important about noise, lighting, temperature or my surroundings:

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IMPORTANT THINGS ABOUT MY HOME

These are practical things that someone supporting me may need to know.

MY REGULAR HOME SUPPORT

- People or services that regularly support me at home:

- What they usually help me with:

IMPORTANT THINGS TO KNOW

- Something about my home or routine that is important to me:

- Anything someone supporting me at home should know:

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