

Dark Side of Medicine

MY LIFE SERIES - ML-07

GETTING AROUND & TRANSPORT

This tells people how I usually get around and the ways I like to travel.

HOW I GET AROUND

- Ways I usually get around:

- Places or journeys I can manage independently:

TRANSPORT I USE

- Transport I usually use:

- Transport I prefer or try to avoid:

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TRAVEL PASSES & ARRANGEMENTS

These are the passes, schemes or regular arrangements that help me travel.

PASSES & TRANSPORT SCHEMES

- Travel passes, concession cards or transport schemes I use:

- Where they are kept / who helps me manage them:

REGULAR TRAVEL ARRANGEMENTS

- Regular transport or journeys that are arranged for me:

- Who organises or provides this transport:

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SUPPORT WHEN I TRAVEL

I may need different kinds of support depending on the journey or where I am going.

SUPPORT I MAY NEED

- Help I may need before or during a journey:

- Who I usually travel with or who can support me:

WHAT MAKES JOURNEYS EASIER

- Things that help me when travelling:

- Things that can make travelling difficult for me:

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MOBILITY & ACCESS

These are things that help me move around safely and comfortably.

MOBILITY & EQUIPMENT

- Mobility aids or equipment I use:

- When or where I use them:

ACCESSIBILITY

- Access needs that are important for me:

- Anything people should check before I travel or visit somewhere:

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MORE ABOUT GETTING AROUND

Use this page for anything else that is important about my transport, mobility or journeys.

IMPORTANT THINGS TO KNOW

- Something important people should know when travelling with me:

- What may help if a journey does not go to plan:

ADDITIONAL INFORMATION
