



DARK SIDE OF MEDICINE



MEDICINE SAFETY SERIES

MS-04

Medicine Review Preparation Pack

A practical workbook to help patients, carers and families prepare for medicine reviews and participate actively in decisions about treatment.

darksideofmedicine.org

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Version 1.0



Why This Resource Matters

Medicine reviews provide an opportunity to discuss benefits, side effects, doses, interactions, monitoring requirements and concerns about treatment.

About Me

Name: _____

Date: _____

Healthcare Professional: _____

Main Health Conditions: _____

My Current Medicines

Medicine	Dose	Why I Take It	How Long Have I Taken It?

Benefits I Have Noticed

Side Effects or Concerns



Have Any Medicines Changed Recently?

- New medicine started
- Dose increased
- Dose reduced
- Medicine stopped
- Multiple changes

Understanding My Doses

- Do I know why each dose was chosen?
- Have doses changed over time?
- Could side effects be dose-related?
- Do I know the maximum recommended dose?
- Are monitoring requirements up to date?

Questions About My Medicines

- Are all my medicines still necessary?
- Are there any interactions?
- Are benefits outweighing risks?
- Could symptoms be medicine-related?

Monitoring and Tests

Questions I Want To Ask



My Review Summary

What was discussed?

What actions were agreed?

Any medicine changes?

When is the next review?

Medicine Safety Tip

Patients and carers play an important role by sharing observations, experiences and questions.

Related Resources

MS-01

MS-02

MS-03

MS-05