



DARK SIDE OF MEDICINE



MEDICINE SAFETY SERIES

MS-03

Questions for Your Doctor, Pharmacist or Healthcare Professional

A practical guide to help prepare for appointments and participate in treatment decisions.

darksideofmedicine.org

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Version 1.0



Why This Resource Matters

Healthcare appointments can be busy and it is easy to forget important questions. Preparing in advance can help you make the most of your appointment.

Before My Appointment

Reason for Appointment:

What would I like to achieve today?

My Three Most Important Questions:

1.

2.

3.

Things I Do Not Want To Forget To Mention

Understanding My Medicine

- What is this medicine for?
- How is it expected to help me?
- How long may it take to work?
- What benefits should I expect?
- Are there alternative treatments available?
- How will we know if it is working?



Understanding My Dose

- What dose am I taking?
- Why was this dose chosen?
- Is this considered a low, moderate, or high dose?
- What is the maximum recommended dose?
- When should this dose be reviewed?

Benefits and Expectations

- Question 1
- Question 2
- Question 3

Side Effects and Risks

- Question 1
- Question 2
- Question 3

Monitoring and Reviews

- Question 1
- Question 2
- Question 3

Questions About Multiple Medicines

- Question 1
- Question 2
- Question 3



My Notes

Medicine Safety Tip

If you do not understand something, ask for it to be explained differently.

Related Resources

MS-01

MS-02

MS-04