



TERATOGEN RESOURCE SERIES

TER-08

Pregnancy Exposure Timeline

A single chronological record bringing together important pregnancy information from across your TER records.

darksideofmedicine.org

Version 1.1



Pregnancy Exposure Timeline

Purpose: To bring key information from your pregnancy records into one chronological timeline. This can help show when medicines, illnesses, environmental or chemical exposures, other events and healthcare information occurred in relation to the pregnancy.

IMPORTANT

This timeline is a record of timing and events. It does not determine whether an exposure caused an outcome and it is not a risk assessment.

You do not need to copy every detail from TER-03 to TER-07. Record the key event here and keep fuller information in the relevant TER record or original document.

About This Pregnancy

Name: _____

Estimated date of conception, if known: _____

Expected due date: _____

Date of birth / pregnancy outcome: _____

What Can Be Added to the Timeline?

Medicines	starting, stopping or changing a medicine; dose changes; occasional medicines or other treatments
Environmental & chemical exposures	a relevant home, work, hobby or environmental exposure recorded in TER-05
Illnesses & health events	illness, infection, fever, change in health, hospital attendance or investigation recorded in TER-06
Other exposures or events	information you chose to record in TER-07
Pregnancy & healthcare events	appointments, scans, tests, referrals or other events that help establish the chronology
Supporting records	clinical letters, maternity records, reports or other documents that help confirm dates or details



Pregnancy Exposure Timeline

Use dates and/or gestational weeks where known. If a date is approximate, you can simply mark it as approximate.

Date	Gestational week	Type	What happened / exposure	Key details	TER record / source

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Pregnancy Exposure Timeline — Continued

Use dates and/or gestational weeks where known. If a date is approximate, you can simply mark it as approximate.

Date	Gestational week	Type	What happened / exposure	Key details	TER record / source

Key Documents or Sources

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You may wish to note where supporting information is kept rather than copying it into the timeline.

Date / period	Document / source	What it relates to	Where kept



Additional Timeline Notes

Use this page for anything that helps explain the chronology or links an event to another TER record or supporting document.
